

Birth Support of Central Mississippi

COMMUNITY & SOCIAL MEDIA RESOURCES

- **Birth Circle** (Closed “Secret” FB Group) :: Ask a local doula to be added and put into ‘Pending Admin Approval’ status, then send a private message to any Birth Circle Admin for your request to be approved. Admins: Cassandra Newman, Amy Thames, Carrie Huhn, Candace Feazell, Grace Showalter & Elizabeth Quinn
- **ICAN Metro Jackson Chapter** :: www.ican-online.org/jacksonms/ -- ICAN of Jackson, MS is a chapter of the International Cesarean Awareness Network, Inc. (ICAN), a nonprofit organization whose mission is to improve maternal-child health by preventing unnecessary cesareans through education, providing support for cesarean recovery, and promoting Vaginal Birth After Cesarean (VBAC). Chapter Co-Chairs: Elizabeth Quinn & Melissa Barlow (Jackson.MS@ICAN-Online.org)
- **Improving Birth Network-Central MS** :: www.facebook.com/improvingbirthcentralms -- Improving Birth Network Central MS is a local chapter of Improving Birth. Their mission is to bring evidence-based care and humanity to childbirth by bringing public awareness to the maternity health crisis through education, supporting moms locally by hosting quarterly community blessingways, and assisting expectant moms and new moms in gaining evidence based information and support.
- **La Leche League of Metro Jackson** :: Mother to mother support group for breastfeeding moms. LLL meetings are held the second Thursday of every month at the MS Lactation Services clinic. The group and meetings are run by certified LLL leaders. They also have an active Facebook group.
- **Mississippi Birth Coalition** :: www.MSBirthCoalition.org & <https://www.facebook.com/MSBirthCoalition/>
- **Sisters in Birth, Inc. - Jackson** :: <https://www.facebook.com/SistersInBirthInc/>
- **MS Midwives’ Alliance** :: <https://msmidwivesalliance.com/>
- **Evidence Based Birth** :: <https://evidencebasedbirth.com/>
- **MotherBoard Birth – Visual Birth Plan** :: <https://www.motherboardbirth.com/parents>
- **Bradley Childbirth Education** :: <http://www.bradleybirth.com/>
- **HypnoBirthing (Mongan Method) – Childbirth Education** :: <https://us.hypnobirthing.com/>
- **Doula Match** :: <https://doulamatch.net> -- With over 9,000 doulas, you’ll find the right doula for you. An extensive profile allows each doula to list her experience, education, certification and special services offered. Over 15,000 testimonials from real families provide insight into what you can expect from each doula. Instantly verify if a doula can serve your due date through her availability calendar (not all local MS doula have profiles or maintain their calendar – best to use contact info below to check!)

Birth & Postpartum Doulas / Childbirth Educators

- Amanda Jones
Cloud Nine Blissful Babies ~ Peaceful Parents
Doula & Founder of Positive Parents of Mississippi
(601) 720-1465
www.CloudNineMS.com
CloudNineBBPP@gmail.com
- Allison McKinney
Moonstone Birth Services – Doula & Placenta Encapsulation
(601) 672-0101
Allisonmckdoula@gmail.com
- Amy Thames
Hello Baby Birth Services -- Birth Doula & Gottman Institute Instructor
(662) 518-1203
Amy.Thames@yahoo.com
- Annie Kell
Lilypad Birth & Baby - Certified Bradley Instructor (Brandon, MS)
(703) 994-5165
Annmarie530@gmail.com
- Ashley Bingham
Certified Bradley Instructor (Clinton, MS)
(601) 454-8046
Awbingham11@gmail.com
- Aunna Hill
Birth Doula & Bradley Instructor
(423) 260-8200
www.BradleyBirth.com/AunnaHill
AunnaHill@gmail.com
- Brittany Strickland
(601) 249-7418
BStrickland424@yahoo.com
- Cambriel Morris
Doula & Childbirth Educator
601-715-7826
- Cassandra Newman
Bliss Baby Birth Services
Prenatal Yoga, Evidence Based Birth Instructor, HypnoBirthing / HypnoMothering Practitioner,
Certified Birth / Postpartum Doula & nursing student
(601) 278-9954
www.CassandraNewman.com
BlissBabyYogaDoula@gmail.com

Birth & Postpartum Doulas / Childbirth Educators

- Chrystal Peery
Embrace Birth MS – Certified Birth & Bereavement Doula
(769) 218-8467
chrystalpeery@gmail.com
- Erin Mattingly
Erin Mattingly Birth Services – Certified Breastfeeding Counselor, Birth & Postpartum Doula
(910) 581-0800
Erin@ErinMattinglyBirthServices.com
www.ErinMattinglyBirthServices.com
- Esther Torres-Alvarez
TRS Birth Services
Bilingual Birth & Postpartum Doula
(601) 940-1238
EstherTorresA@gmail.com
- Grace Greene
Grace in Birthing – Certified Birth Doula & Bradley Instructor
(601) 201-2493
www.GraceinBirthing.com
GraceBGreene@gmail.com
- Heather Roberts
Embrace Birth MS – Birth & Postpartum Doula
(601) 506-0306
EmbraceBirthMS@gmail.com
- Jacqueline Hammack
Take Root Doula Services -- Doula, Birth Justice Lawyer & Breastfeeding Advocate
(Hattiesburg / Jackson)
(504) 312-1060
<http://www.takerootdoula.com>
- Laurie Price
Baby's Breath -- Doula & Childbirth Assistant (Jackson / Hattiesburg)
(601) 506-9446
- Laurie Roberts
Maikuru Professional Doula Services
(662) 607-8868
MaikuruDoula@comcast.net
- Maury Minor
Birth Doula (Vicksburg)
(601) 214-5088

Birth & Postpartum Doulas / Childbirth Educators

- Melissa Barlow, R.N.
Sweet Child of Mine – Birth Doula
(601) 214-9143
Melissa@JDBarlow.com
- Raquel Boyd Scott, R.N.
Blossoming Lady – Birth & Postpartum Doula
(601) 500-2680
BlossomingLady40@gmail.com
- Susan Stonecypher
Sunstone Birth Services -- Birth Doula
(769) 232-9968
SunstoneBirth@icloud.com
- Summer Scruggs
Full Circle Doula Services – Birth Doula
(850) 501-6302
sumscruggs@gmail.com
- Victoria Lyon Burns
Southern Birth Services -- Certified HypnoBabies Doula
(601) 620-8223
SouthernBirthServices@gmail.com

PLACENTA ENCAPSULATORS

- Allison Wicker
<https://www.facebook.com/Moonstone-Birth-Services-Doula-and-Placenta-Encapsulation>
(Bogue Chitto)
- Cassandra Newman
<https://www.facebook.com/BlissBabyBirthServices>
(Madison)
- Kalanzia Gibson
<https://www.facebook.com/SerenityPlacenta>
(Canton)

CHIROPRACTORS

- Dr. Delta Stark
Germantown Family Chiropractic – Webster Certified (Madison, MS)
(601) 707-7900
GermantownFamilyChiropractic@gmail.com
www.germantownfamilychiro.com
- Dr. Shiquita White
God Family Chiropractic - Webster Certified (Jackson & Hernando)
(601) 720-3382
www.gfccenter.com
<https://www.facebook.com/godfamilychiropractic/>
- Dr. Molly Beckwith
Beckwith Family Chiropractic – Webster Certified (Jackson, MS)
(601) 586-9865
Beckwithfamilychiro@gamil.com
beckwithfamilychiropractic.as.me/schedule.php

COUNSELORS

- Lacy Deese, LPC
Crossroads Counseling Center
(601) 939-6634
<https://www.crossroadscounselingms.com/lacy-deese>
Postpartum depression and anxiety and birth trauma, marriage, and individual counseling
- Guitta Hogue, LPC
Crossroads Counseling Center (Brandon, MS)
(601) 939-6634
[Www.ghogue@crossroadscounselingms.com](http://www.ghogue@crossroadscounselingms.com)
Postpartum depression and anxiety and birth trauma, marriage, and individual counseling
- Keta Christine Pechan
Golden Aura Counseling
(786) 603-1748
<https://www.niketapechanlcsw.com>
MS Coordinator for Postpartum Support International - <https://www.postpartum.net>

PHOTOGRAPHERS

- Kasha Williams
Kasha Williams Photography (Canton, MS)
www.facebook.com/Kasha-Williams-Photography
(662) 315-3745
- Keta Christine Pechan
Keta Christine Visuals – Lifestyle Photographer (Ridgeland, MS)
(786) 603-1748
- Kristen Elliott
Kristen Elliot Photography
<https://www.facebook.com/kristenelliottphotography/>
(601) 842-1493
- Jess Eddleman
Clementine Birth + Photo (Jackson, MS)
<https://www.facebook.com/clementinebirth/>
(601) 405-5743
- Nicole Churchin
The Salted Home - Photography (Madison, MS)
<https://www.facebook.com/thesaltedhome/>
www.thesaltedhome.com
- Ashley Warren
L&A Photography
<https://www.facebook.com/laphotos601/>
(601) 624-7109
- Emily Wagner-Bowen
Lily Bowen's Photography
<https://www.facebook.com/lilybowensphotography/>

MIDWIVES

- Lindsey Huckabee, DEM
Huckabee Birth Services – Midwife (Gulfport, MS)
(228) 760-4395
LindsayTHuckabee@gmail.com
- Toni Hill, DEM, CLC
Blooming Moon Midwifery & Northeast Mississippi Birthing Project
Midwife, CLC & CBE
(Tupelo, MS)
(662) 269-4643
www.TupeloMidwife.com
Blooming.Moon_Midwifery@yahoo.com
- Renata Hillman, CPM
Birthing Options Traditional Midwifery Care
Certified Professional Midwife (Lucedale, MS)
(251) 463-2426
BirthingOptions@att.net
- Melinda Thigpen, DEM
Heritage Birth Services – Midwife (Bay Springs, MS)
(601) 670-6563
www.HeritageBirthServices.net
melinda.thigpen@gmail.com

Additional Local Support & Services

- Carrie Huhn
ImprovingBirth Network Central MS Chapter Co-Chair / Birth Circle Admin
(Brandon, MS)
(601) 573-7733
CHuhn326@yahoo.com
- Carrie-Grace Washer
Support for miscarriage, stillbirth & infant loss; Certified Child Life Specialist
(Madison, MS)
(601) 573-9349
CarrieWasher@gmail.com
- Christi Henderson, R. N.
Internationally Board Certified Lactation Consultant (IBCLC)
(601) 988-3940
ChristiAtkins@gmail.com
- Jacqueline Hammack
Birth Justice Lawyer & Breastfeeding Advocate (Hattiesburg)
(504) 312-1060
www.BirthJustice.org -- JKHammack@BirthJustice.org
- Nell Blakley, R. N.
Metro Jackson La Leche League Leader & IBCLC (Jackson, MS)
(601) 825-8579; Leave a message on her home # or join LLL Facebook Group